

	XMAS HANDICAP	8 miles approx																	
	start/finish	Canal, Dowley Gap																	
	Wed 28th Dec 2016	SENIOR RACE			RESULTS														
Position	NAME	Watch	HANDI	ACTUAL															
		Time	CAP	TIME															
1	Eliza Findlay	84.25	3	81.25															
2	Jake Findlay	86.01	3	83.01															
3	Will Duggan	87.31	20	67.31															
4	Sue Fulton	87.42	3	84.42															
5	Graham Watson	88.31	25	63.31															
6	Greg Trusselle	89.59	20	69.59															
7	Martin Peace	90.45	30	60.45															
8	Becky Weight	94.37	15	79.37															
9	Neil Barratt	94.37	10	84.37															
10	Anne Marie Roper	110.58	0	110.58															
11	Gaynor Beckett	110.58	0	110.58															
12	Rueben Mantle	122.38	32	90.38															
13	John Smithurst	127.50	0	127.50															
	Time Keepers	John Capenerhurst																	
	Registration	Phil Hawkswell																	
	Marshals - Trig point	Martin Bijl, Becky Holmes, Sophie Findlay, Robert Adamson																	
	Race organiser / Handicapper	Phil Hawkswell																	
	My thanks to all the marshals/ time keepers. Cold /frosty conditions at the start, but clear , sunny day , little wind made it an excellent day for running . Due to Xmas and new year falling on the weekend, and GWF Relay moved back to Sat 17th Dec, Yorks XC on Sat 7th Jan left few options available to stage this event. Therefore opted for Wednesday Xmas week in the hoipe that most runners would still be on holiday. Busy period for everyone, so to see only 13 runners was a little diappointing but understandable. But those that did participate certainly enjoyed themselves, First timer Rueben managed to do 10 miles , whih was taking the handicapping a little too far. Dedicated "Roadie" John Smithurst caught the bug and was determined to finish . Whilst another first timer Eliza Findlay turned up to do a steady run, but with 3 miles to go and still in the lead, realised she had a chance of winning , and gave it her all. Great to see such competitive spirit regardless of the competition.																		
	Cheers Phil Hawkswell																		