



BINGLEY HARRIERS NEWS - 2007

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31/12/07 ALISTAIR SETS NEW RECORD FOR AULD LANG SYNE

The last Fell race of the year; Woodentop's Auld Lang Syne saw a field of 473 runners turn out with a large contingent of no less than 32 Bingley Harriers competing and 1 DNF in James Senior who limped back with a badly twisted ankle. Not only were we out in force, we were out in quality. Alistair Brownlee was 1st in a new course record of 39:07, Ian Holmes 4th overall and 1st vet in a record of 40:37, Andy Peace was 7th and Jonathan Brownlee was 8th overall and 1st U18 in a new course record of 42:09 which was 20 secs under the previous record held by brother Alistair. Sharon Taylor was 81st overall and 2nd Lady in a time of 50:37. (Sharon was 13th Bingley Harrier.) Results in detail and photos can be seen at woodentops.org.uk

19/12/07 ANNE BUCKLEY RUNS IN AUSTRIA

Anne Buckley put in an excellent performance in the Kolsass mountain race near Innsbruck on Sunday. Mountain racing is normally a summer sport but 3 years ago organiser Franz Stöckl decided to offer the mountain running fraternity a competitive opportunity in winter. It has proved popular among both fun runners and the elite mountain runners: Sunday's star studded field included this year's World Mountain Running Champion Marco De Gasperi of Italy and five-times World Champion Jonathan Wyatt of New Zealand in the men's field and Andrea Mayr, last year's World Mountain Running Champion and this year's silver medallist and Renate Rungger, the Italian Cross Country Champion in the women's race. Anne Buckley braved the wintry conditions to finish in an impressive 3rd place on the 5.2km course which included 590m of ascent, hot on the heels of Rungger and Mayr and taking nearly 3 minutes out of former World Champion Isabella Zatorska of Poland. In the men's race Wyatt and De Gasperi crossed the finish line together with Renate Rungger's brother Hannes taking 3rd place.

12/12/07 RESULT FOR EXILED BINGLEY RUNNER

Bingley runner, Helen Johnson who is currently domiciled in Inverurie, Aberdeenshire was 3rd Lady in the Round Rotherham 50 mile race on 8th December. She finished 48th overall out of 209 finishers in a time of 9:27:20.

Helen has been trying to enter the Three Peaks for next year and if any Bingley runner has an entry they don't want then please consider her. (her picture is on the advertisement brochure for the forthcoming Peaks race).

11/12/07 WOMEN'S TEAM RACE TO CALDERDALE VICTORY

The ladies A team won the event for the 6th time since 2000 (8 times in total- including 1984 & 1985). A win next year would equal Clayton le Moors 9 wins - something to aim for in 2008?

Ladies A Team - 1st ladies team - 7.21.23 - fastest time that Bingley have ever won the Calderdale Way Relay in and the 4th fastest time in the history. Leeds City were the last team to run faster than

Leg 1 - Sharon T & Pauline	1.22.43 (31st & fastest ladies)
Leg 2 - Ruth & Helen J	1.15.04 (42nd)
Leg 3 - Cath & Alice	50.37 (61st)
Leg 4 - Sue & Charlotte	1.27.07 (45th & fastest ladies)
Leg 5 - Helen L & Becky	1.11.47 (61st)
Leg 6 - Nats & Aly	1.14.05 (18th overall & fastest ladies) brilliant time!!
Ladies B Team - 9th ladies team and 1st ladies B team	- 9.09.34
Leg 1 - Sharron S & Alison	1.39.44 (88th)
Leg 2 - Mary & Lisa	1.37.40 (101st)
Leg 3 - Jenny & Helen M	1.01.45 (99th)
Leg 4 - Tracey & Denise	1.43.35 (85th)
Leg 5 - Eleanor & Sue	1.16.13 (75th)
Leg 6 - Mary & Faye	1.50.37 (101st)

04/12/07 WEST YORKS CC LEAGUE - 4

Thornes Park Wakefield was the venue for the final race in the series.

Heavy rain made for testing conditions on what is a notoriously tough course.

Bingley had to beat Leeds city to win the title, but with key men absent it wasn't going to be easy. As it was however Leeds were also weakened and could only manage third place behind Knavesmire which left Bingley fairly comfortably out in front. This meant we won it outright with 5 points, followed by Leeds with 8 points and Knavesmire third on 13 points.

It was great to see Chris Cariss back racing, and it was as though he'd never been away storming round in 3rd place. Tim Midgeley had a superb run to finish 11th, closely followed by Andy Brown 13th, Martin Peace 14th and Aidan Johnson 17th. James Senior put in his best performance of the season to claim the final scoring position in 25th.

The 'B' team claimed first 'B' team yet again. Bingley had some success in the overall vets standings too, with Martin Peace 3rd in the over 35 category, Stewart MacDonald winning the over 40 category and Bob Dover finishing 2nd in the over 60s.

Well done and thanks to all who competed in the series.

The juniors once again performed well. In the U11 girls Stacey Rooke was once again the leading Harrier in 30th place closely followed by Katy Boden 31st, the Team finishing 7th overall.

The under 11 boy, George Bairstow again ran well to finish in 8th place, which put him just outside the medals in overall 7th position. James Wilson supporting well to come in, 17th place.

In the biggest field of the day Under 13 girl, Jenna Killock gave another consistent run to reach 12th place, which gave her 10th place overall, with Nicole Narey following in 43rd place, the team then finished 8th overall.

The Under 13 boys had a full team and with the team finishing 4th on the day, they had done enough in previous races to gain a team silver medal. James Hall had a great run to claim 4th place which secured 6th place overall, he was supported well with Thomas Potter 11th, David Peacock, 27th and Adam Harper 28th.

More good news in the under 15 girls where the much improved Holly Shreeve ran bravely to 2nd place and 2nd overall, followed in by Carly Robertson who came 4th, and 3rd overall. They were supported well by Emily Peacock 30th, Kate Oglesby 33th and Ellie English 34th which gave the team 3rd place on the day and 3rd overall.

In the under 15 boys race we only had 1 athlete competing, but fit again Ben Marriot secured 6th place overall with a gutsy run to gain 5th place.

In the under 17 women Holly Craig gained 6th place overall with a consistent run to gain 6th place on the day.

Last but not least Under 17 male runner Tom Crowley had already secured 1st place overall in the series still ran strongly to gain 4th place on the day, Well done Tom

02/12/07 MACDONALD WINS IN LANZAROTE

Stewart MacDonald triumphed yesterday in the Lanzarote Marathon whilst John Convery finished 2nd in the Half Marathon. John was winner in his age group in a race that saw Bruce Duncan set a PB over the distance of 1:38.

30/10/07 WEST YORKS CC LEAGUE - 3

York Race Course was the venue for the third race in the West Yorkshire Cross Country League series. The weather was kind, and the course suited the speed merchants as it was mainly flat. The troops are really starting to respond now, and even with a couple of our regulars missing the inclusion of Alistair Brownlee and Andy Peace gave us our best score yet, and places us first ahead of Leeds City, but with one race remaining we can't afford to take our foot off the gas.

Alistair put in a great performance to hold off Andy Hilton and younger brother Jonathan. He crossed the line in a time of 28.03, which was a fine time for the three lap course. Lightly raced Andy Peace ran a fine race to finish fourth in 28.57. Stewart MacDonald claimed the over 40 title finishing 9th in 29.20. The final three Bingley scorers all finished consecutively with only ten seconds separating them in 16, 17 and 18th positions. They were Tim Midgeley, Jon Cordingley and the improving Andy Brown.

Such was Bingley's strength in depth, we even managed to have the first 'B' team to finish. Part of that team was Oliver Brewer who performed well in his comeback race, and assures me there's a lot more to come. 'B' team: 31 James Senior 31.13, 50 Oliver Brewer 32.28, 51 Patrick Carey 32.32, 61 Richard Scott 32.53, 67 Dave Potter 33.04, 75 Stephen Fry 33.29. The other four Harriers to compete and make it yet another splendid turnout were: 91 Carey Gray, 126 Mike Smith 35.50, 132 Bob Dover 36.37, 162 Peter Moon 39.24. The final race in the series will be at Thornes Park, Wakefield, and who knows if we have the same commitment we showed on Saturday we could come away as champions.

In the first race, the u11 boys, George Bairstow came back in 6th position leading the two man team with James Wilson following in 12th. Well Done!!

Bingley managed to field a team in the u11 girls with Katy Boden leading in 28th with Stacey Rooke in 32nd and Amelia Jeavons closely following in 34th. Overall the team came 7th- a great result.

The U13 boys came 4th in the team result. James Hall ran another good race to claim 6th followed by Thomas Potter in 12th. Josh Wood and Adam Harper finished the team by coming home in 25th and 31st position.

Fortunately the U13 girls managed a team that finished in and Jenna Killock ran great to claim 11th and was closely followed by Alicia Jeavons in 18th. Nicole Narey also ran well to come 48th.

Ben Mariott, 14th and James Oxford 19th ran fabulously in the under 15 boys but didn't manage to get a team.

Emily Peacock was the only entrant for Bingley in the U15 girls and came home in 41st place-well done!

In the under 17 women Holly Craig was the only runner for Bingley and finished in 10th place.

Finally Thomas Crowley got another gold which has secured him a first place for the whole series. Congratulations. He has been well supported by Henry Fulton, today in 23rd, throughout.

20/11/07 ANOTHER GOLD FOR LES

Les Haynes came back with a gold medal from the recent British & Irish Masters Cross Country Championship held in the grounds of Stormont Castle, Belfast. Les won the Over-65 6k race 43 seconds clear in a time of 25min 18secs. John Convery finished 4th in the Over-45 event in which Gerry Bell (representing Northern Ireland) and Sue Beconshall also ran.

06/11/07 NATIONAL CROSS COUNTRY RELAYS

A sunny Berry Hill Park was again the venue for the National Cross Country Relays on 3rd November. Spring like temperatures and good going underfoot lead to some quick times being recorded. With an improved line-up from the Bingley's senior men we were hopeful of a top 20 finish and with a 'B' team as well we are beginning to show some strength in depth. Matthew Watson ran first leg for us and it was apparent early on he meant business as he sat in the first ten on the first of the two laps. By the end of that lap he was in contention in fourth place. Through the woods for the final time he'd opened up a gap of ten metres on the leaders. The final climb however was proving difficult, and the gap was shortening. As the leaders powered down the final descent to the finish Matthew had to give way to top internationals Andy Baddeley, Chris Parr and Steve Vernon which is no disgrace. It was a fantastic performance from Matthew and set us up nicely. You had to feel for Andy Peace on leg two, with not having raced for a while to be handed over with the leaders must have been daunting, but he didn't disappoint and only dropped 11 places to record Bingley's' second fastest time of the day, handing over to Stewart MacDonald in fifteenth. Another seven places were lost on leg three, dropping us out of the top twenty for the first time. Our hopes were now with Aidan Johnson on the final leg, who after a very quick first lap paid the price a little later on and narrowly missed the top twenty by a few seconds finishing 24th. Our 'B' team finished a creditable 64th of the 143 teams with John Convery posting the fastest time. Belgrave Harriers ran out winners, with Leeds City second and Bedford & County third.

'A' team: 4th M Watson 14.56, 15th A Peace 16.03, 22nd S MacDonald 16.29, 24th A Johnson 16.33.

'B' team: 72nd T Midgeley 16.45, 59th J Convery 16.43, 73rd D Potter 18.39, 64th A Brown 17.04.

Bingley Ladies achieved their best-ever result at the Championships. The team of Victoria Wilkinson (9.59), Mary Wilkinson (10.32) and Anne Buckley (10.41) finished in 6th place out of over 80 teams.

04/11/07 WOMEN WIN AT DUNNERDALE

Perfect conditions at Dunnerdale Fell Race (5m/1800') where Bingley women took 1st team prize with Sharon, Aly & Denise.

1st - Sharon Taylor 45m41; 3rd - Aly Raw 48m56; Denise Wright 72m10.

Also there were more Bingley women at Shepherds Skyline - 7th Ruth Whitehead 56m00, 11th Becky Weight 58m09

30/10/07 WEST YORKS CC LEAGUE - 2

The second West Yorkshire league cross country took place on Saturday at Bramley Park, and what a result for Bingley's senior men. With Leeds City fielding a weakened team we scored a victory, and are now joint leaders with Leeds, but they have a better 'goal difference'. With Knavesmire only finishing fourth behind Keighley it's strengthened our claim for the silver medals. Leeds will be stronger at the next fixture, so we must continue applying the pressure to maintain our position.

The course and conditions at Bramley were very fast, with a couple of good climbs on each lap just for good measure. It was Stewart MacDonald who lead the team home in 5th place (31.39). Another good run from Aidan Johnson saw him finish 7th (31.43). Third scorer was Martin Peace in 16th (33.08). After a very ambitious first lap Tim Midgeley hung on well to finish 17th (33.17). Another good run from Andy Brown brought him home in 20th (33.21), and the most important and final scorer was James Senior in 36th (34.35).

Such was our strength on the day that we also had first 'B' team:

50 Carey Gray (35.10)
52 Richard Scott (35.21)
55 Patrick Carey (35.23)
70 Dave Potter (36.02)
92 Paul Mitchell (36.48)
95 Stephen Fry (37.02)

The other members of the squad to finish were: 109th Gerry Bell (37.49), 160th Fred Gibbs (42.11), 181st Bruce Duncan (44.07), 197th Michael Fryer (47.11).

Team positions: Bingley 101, Leeds City 152, Keighley 173

Women - Second one over with and again the weather was kind at Bramley, Leeds, well it didn't rain until the men were half way round... Not muddy either which was a bonus, and it was deceptively warm. The full results as ever on the website, complete runner but here goes for the Bingley ladies : 7th Sue Becconsall, 19.42, 11th Andrea Dennison, 20.12, 39th Becky Weight, 21.43, 65th Sue Fulton, 23.22, 68th Tracey Marshall, 23.31, 95th Holly Ramsden, 26.33, 107th Helen Cariss, 31.44. well done to Bingley Ladies that came 6th.

Juniors - In this second event of the west Yorkshire league Bingley improved on many results and every single athlete did great on what was surprisingly quite a warm day in Bramley Park. In the first race, the under 11 boys had two Bingley competitors, so unfortunately no team result but George Bairstow ran strongly to claim 14th and was closely followed by team mate James Wilson in 16th position. In the under 11 girls we did manage to enter a team which was led very well by Stacey Rooke who came home in 11th place which ended up been a very close race. She was supported by Katie Boden 21st and Amelia Jeavons in 30th. This resulted in the team coming 5th-Well Done Girls!! The best Bingley team result of the day goes to the U13 boys who managed to win the team event. James Hall, 5th, led the way and was followed by Thomas Potter, 10th, Thomas Dickens, 13th, Josh Wood, 18th, and finally David Peacock, 32nd, all led the team to victory. Congratulations lads!! Jenna Killock came home in 10th place in the u13 girls and was closely followed by Alicia Jeavons in 11th. The team was completed by Nicole Narey in 35th which put the team into 4th position. Holly Shreeve and Carly Robertson claimed the 1-2 in the u15 girl's event. Emily Peacock finished in 33rd and Kate Oglesby and Megan Crowley came 44th and 45th. This put the team into 4th place, which ended up been a extremely close race with only a few points in it. Ben Marriot had a strong run despite injury and finished in 26th place. In the under 17 ladies event Holly Craig ran well to claim 5th position and was supported by Jo Bullock in 14th. In the last race of the day for the juniors Tom Crowley came back in 1st again and Henry Fulton ran exceptionally well to finish in 11th place. Congratulations to all athletes and Thank you for representing Bingley Harriers so well.

27/10/07 NATIONAL 6 STAGE ROAD RELAYS

Sutton Park was once again the venue for this year's national 6 stage road relays. It's a couple of years since we last had a team there so it was good to get 6 willing and able athletes to travel down. First off was Aidan Johnson, in the autumn sunshine he was Bingley's fastest in a time of 18.51 to come home in 56th position of the 90 or so first leg runners. Next came last minute replacement Carey Gray, with the help of an elbow or two on the tricky start of the leg ran a creditable 22.01 (77th). The steady climb back up the field began with John Convery claiming 6 scalps in a time of 19.29. Stewart MacDonald gained us another 4 places to get us up to 67th (19.23). Possibly our best performance came on leg 5 with Andy Brown running 19.50 in his first national, handing over to Tim

Midgeley in 64th place. Tim clawed another 5 places back to finally finish in 59th position of the 79 who finished.

At the sharp end it was Belgrave who pipped Leeds to the title, with Newham & Essex Beagles 3rd.

21/10/07 JUNIORS TRIUMPH IN CHOCOLATE EXTRAVAGANZA

Bingley Juniors were in a winning mood in the Autumnal round of Dave Woodhead's season of Curly-Wurly quarry runs. Carly Robertson in her first fell outing broke the girls' U14 record while Natalie Brown was first home in the U12 girls and James Hall led the way in the U12 boys. There were excellent runs too from Owen Whelan (4th U14) and Stacey Rooke (3rd U10). Abbey Parkinson was flying the flag of her school but can, I hope, be claimed for Bingley as she won the U10's in a record time! Full results and pictures on the Woodentops site.

17/10/07 JEBB WINS IRON CROSS

The biggest, toughest, longest and best cyclo-cross event is in America (well it would be wouldn't it?). It's called the Iron Cross - a 62 mile race in Pennsylvania's Michaux State Forest featuring many similar elements to our 3 Peaks. Rob Jebb & Andy Peace, having missed out on the cancelled 3 Peaks race decided to nip over and have a look at it.

Rob destroyed the competition and finished in a time of 3-36-26hrs, beating the course record by ten minutes and his nearest competitor, Christopher Beck, by 11 minutes. Anywas 6th some 15 minutes adrift.

There are some photos on the Photo Gallery.

17/10/07 WEST YORKS CC LEAGUE - 1

The first of the West Yorkshire League cross country races took place at Nunroyd Park on 14/10/07. With 20 senior men from Bingley finishing it was probably our best turnout for many years. We finished 2nd team behind Leeds city with Knavesmire 3rd. It's a good start but we must try strengthening the team for the next couple of fixtures and maintaining our 2nd position.

Leading Bingley home was once again Aidan Johnson in 12th (36.11), closely followed by Stewart MacDonald 13th (36.14). Jon Convery was next in 17th (36.45) who incidentally had just found out he'd been selected to run for England in the vets home international next month. Fourth scorer was Tim Midgelev 23rd (37.12). A return to the countrv saw Martin Peace have a fine run to

finish 25th (37.20). And Robin Lawrence brought the team home despite having back problems, hanging on for 36th spot (38.00). Such was Bingley's depth we had 'B' and 'C' teams finish in respectable positions.

43. James Senior 38.36
 61 Jamie Robinson 39.37
 63 Tony Cunningham 39.47
 68 Lee Athersmith 40.00
 78 Carey Gray 40.36
 94 Patrick Carey 41.15
 99 Dave Potter 41.24
 110 Stephen Fry 41.58
 128 Mike Smith 43.07
 149 Bob Dover 44.22
 175 Simon Wright 46.33
 184 Peter Moon 47.41
 189 Bruce Duncan 48.06
 222 Michael Fryer 54.24

In the U11 boys, new boy, George Bairstow ran very strongly which earned him 3rd place. In the U11 girls Stacey Rooke, 15th led the team to 8th place in the standings. She was followed by Amelia Jeavons 28th and Katie Boden in 30th.

The u13 boys' team finished an impressive second with James Hall coming home in 8th who had just finished a football match... fit or what?? He was supported by newcomers Josh Wood 12th, Thomas Dickens 17th and Adam Harper bringing up the rear in 29th. Well Done!

The u13 girls team finished in 7th with Alicia Jeavons 9th, Jenna Killock 14th and Georgina Petit Maher 41st. All running well in a very tight team race.

The u15 boys didn't have a full team but a great run by Ben Marriot coming home in 2nd was supported well by James Oxford 12th and Owen Whelan 29th.

It was good to see 5 runners in the u15 girl's category whose top three runners secured 3rd place in the team event. Holly Shreeve ran impressively for 2nd place followed in by Carly Robertson in 3rd position. Emily Peacock secured 35th place with Kate Oglesby 43rd and Megan Crowley came home in 46th completing the team. Well done ladies!!

Unfortunately we couldn't secure teams in the remaining two age groups. However in the U17 men Thomas Crowley had a fabulous run and managed to come home in a magnificent 1st place. He was also supported brilliantly by Henry Fulton in 17th position. In the U17 women we only had Holly Craig competing but she ran well to claim a 6th place.

Under 20 woman runner Eleanor Kitchen running in her first senior race ran well to gain 40th Place out of 98 Competitors.

12/10/07 BINGLEY RUNNERS IN BRONTE WAY

A good turn out from Bingley made it to Wycoller Country Park for the start of the Bronte Way. Conditions were perfect for the 142 runners as the race got off to a fast start. The course covered 8 miles (though there was a rumour it may have been 9!) of challenging terrain, which was a mixture of stony track and moor land passing two reservoirs and taking in Penistone Hill after finally dropping down into Howarth. The course finished half way up the cobbled street in Howarth, right outside the Fleece Inn (perfect place to finish!) with every finisher getting a bottle of Timmy Tailors Landlord.

Colin Moses finishing 9th in 60.16 had a great run as did Becky Weight finishing 2nd lady overall, and first female over 40, in 70.42.

Moses	Colin	MV40	60.16
Wright	Alan	MV40	63.52
Plunkett	Steven	M	67.37
Hannam	Matt	MV40	67.41
Garrad	John	MV40	70.03
Weight	Becky	FV40	70.42
Smith	Michael	MV50	72.15
Firth	Stephen	M	78.15
Fulton	Sue	FV40	78.22
Webb	Mary	F	85.54
Kaye	Gordon	MV50	88.59
Spencer	Lisa	F	89.02
Robinson	Faye	F	96.03

09/10/07 IAN HODGSON - WIN FOR MIXED TEAM

Bingley's mixed team won their category over the 4 legs of the Ian Hodgson Relay this weekend setting a new course record for the reverse route into the bargain. On leg 1 Sharon Taylor and Natalie White in 24th position set a new ladies record despite Sharon having run in the Championship event at Gt Whernside the day before (as did Holmsey of course but you'd expect that wouldn't you?). The team finished in 15th position overall.

L1 Natalie White & Sharon Taylor 1.09.37 24th fastest, ladies record)
 L2 Martin Peace & James Senior 1.08.54 (19th fastest)
 L3 Kirstin Bailey & Mandy Clarke 50.41 (49th fastest)
 L4 Ian Holmes & Andy Peace 1.08.05 (2nd fastest)

08/10/07 WILKINSON BEATS WORLD MOUNTAIN CHAMPION!

Bingley's Victoria Wilkinson scored a stunning victory over the Women's World Mountain Running Champion Anna Pichrtova (Czech Republic) in the final WMRA Grand Prix race of 2007 on the Smarna Gora, in Ljubljana, Slovenia, on Saturday 6 October.

Wilkinson has been in such inspired form since UK Athletics helped her to take a training trip to Ethiopia earlier this year that she led the Grand Prix rankings going into this final race, which was run in incessant, freezing rain that made underfoot conditions treacherous on the forest tracks.

And she stormed home first in 48 minutes 54 seconds, 47 seconds ahead of runner-up Pichrtova.

But the excellent effort was only good enough to earn Wilkinson third place in the final overall standings. The reason: the best three results out of four races count towards the final rankings.

So Pichrtova finished top of the overall 2007 Grand Prix, as expected, with 308 points to earn the \$1500 prize. By finishing fourth today, her Czech team mate, Iva Milesova moved up to the runner-up position (266 points), squeezing Wilkinson into third overall position

(260 points).

08/10/07 WOMEN RETAIN ENGLISH FELL TITLE

Bingley ladies have retained the English Championship with team wins at Fairfield, Wasdale, Great Whernside and third at Duddon. Due to illness, injury and a baby, we were not able to complete the British Championship, but despite this, we still finished in 3rd position. Team medalists are Sharon, Aly, Sue, Natalie & Mandy.

British Championship

2nd Sharon Taylor
3rd V40 Aly Raw

English Championship

3rd Sharon Taylor
3rd V40 Aly Raw

07/10/07 NORTHERN 6 STAGE RELAYS

Warrington was the venue for this years northern 6 stage road relays.

Bingley's senior men finished in 17th spot slightly better than last year, and qualified for the national on 20th of October at Sutton Park. Leeds City, Liverpool and Altrincham were the medallist on this occasion. The highlight for us was a fantastic run by Aidan Johnson to pull back 9 places on stage 2. It's just a pity we cannot get our big guns out to support Aidan and get him some medals he richly deserves. He is nearly always available, juggling shifts and other commitments to represent the club.

We should be able to strengthen the team for the national in Birmingham in a couple of weeks.

Leg 1 Tim Midgley (30) 28.00
2 Aidan Johnson (21) 27.34
3 Andy Brown (22) 29.25
4 John Convery (21) 28.23
5 Stewart MacDonald (20) 28.09
6 Jon Cordingley (17) 27.39

02/10/07 MEDALS IN WALES

A small bunch of our masters stalwarts crossed the border, on 30 September, to take part in the British Masters 10K in Newtown. The trip proved to be very productive with the fastest performance coming from Sue Becconsall who finished second in her age group (W/45) in an excellent time of 37.04 on an undulating and twisting course. Our next best individual result came from Les Haynes who finished fourth in the O/60's in 37.46 (pity the race was not a week later as he would have been 65 and would have won gold!). Les led home our victorious over 60's team supported by Bob Dover (39.25) and Mike Smith (39.50). Fred Gibbs also had a very good race

coming fourth in the O/65 category in a time of 41.25

24/09/07 HARRIERS GO OFF-ROADING

Two Harriers ran the full Yorkshireman on a cool, overcast Sunday, with dry conditions underfoot. Rachel Sharples was 4th Women and 45th overall, a very good result.

Gordon Kaye finished 89th 'This was my first marathon' said Gordon, 'and 10 miles further than I have run before! However I have felt worse after some fell runs and will do it again'.

Rachel Sharples 45/4 4:32 (2nd FV40)
Gordon Kaye 89 5:13 (9th MV50)

Three Harriers did the half marathon:

Richard Scott 5 1:35
Phil Knight 39 1:52
Matt Hannan 54 1:57

17/09/07 SILVER MEDALS IN YORKSHIRE ROAD RELAYS

In the Yorkshire Womens Road Relays held at Rotherham at the weekend Bingley's A team finished 2nd and B team finished 7th: Lucy Mayho 11.20, Sue Becconsall 11.24, Mary Wilkinson 10.57 and Anne Buckley 11.18.

Sharon Taylor 11.31, Ali Raw 11.31, Mandy Clarke 12.56, Ruth Whitehead 12.50

A below strength men's team gave a good performance on Saturday to finish 4th behind Holmfirth, Hallamshire and Leeds at Sheffield's Don Valley Stadium.

Tim Midgley 21.16 (10)
Simon Fielding 23.05 (10)
Andy Brown 21.46 (7)
Aidan Johnson 21.10 (6)
Jon Cordingley 20.57 (5)
John Convery 21.09 (4)

Although they had a depleted squad the young harriers performed well. The U15 girl team ran superbly; lead home by Holly Shreeve individual bronze medal winner, for third place, Carly Robertson 4th Place, and a gutsy run from Arianna Zenti, 18th Place to propel the team to an overall Silver medal position. Newcomer James Oxford, U15 boy in his first major run for the harriers gained a well deserved 7th place, with only one athlete in the U13 girls, Jenna Killock battled to 16th place.

14/09/07 SUCCESS AT ESHOLT RELAYS

There was success for Bingley ladies in the O/35 and O/45 Yorkshire Vets Road Relays at Esholt last Sunday.

Both teams were first:

O/35
Catherine Howlett
Andrea Dennison (fastest time)
Ruth Whitehead
O/45

0/40

Rachael Smith

Sue Fulton

Becky Weight (fastest time)

This is the first time we've had a ladies' team in each age group in this event and certainly the first time both teams have taken the honours.

Men

O/35 4th team

O/40 1st team

O/50 6th team

O/60 2nd team

So we had representation in each event on the day.

03/09/07 SUPER 6 FOR IAN AT THE BEN

This year's Ben Nevis race saw Bingley Harriers once again on the winner's podium with Ian Holmes the overall winner and 1st vet, in very wet and slippery conditions in 1hr 32m 57s. Ian notched up a record 6 wins and became the first vet to win the Ben Race. He was presented with prizes for 1st to the top, 1st vet and winner. Sharon Taylor was 45th overall and 3rd placed Lady in 1hr 52m losing out to 2nd placed Jackie Lee (Eryi Harriers) by 2 secs

25/08/07 SUCCESS FOR BINGLEY AT BURNSALL

Bingley's blue and white hoops were out in force at a bright and breezy Burnsall Feast Sports with 17 runners in action. In the 10 mile Road race Tim Midgely was 5th in 58.16 behind Ian Fisher of Otley who won in 52.42. Simon Fielding was 9th in 1.01.03. A third runner would have put Bingley in strong contention for the team prize. Maybe next year? In the junior fell races Daniel Netherwood (U8), Joshua Netherwood (U10), and Nicole Narey (LU12) represented Bingley. Nicole won her race in 8.20. The big numbers were out for the Senior Fell race with 14 on the start line with Rob Jebb wondering if he could do enough on the way up to knock Ian Holmes off the winners spot that he has held for the last two years, and Mary Wilkinson wondering what her first run in this event would bring. In the event Rob built too much of a lead by the cairn for Ian's stronger descending skills to catch and Robb won in 13.41. Ian took second in 14.13. Paul Mitchell came in 10th in 16.28 giving Bingley the team prize by a big margin. For the ladies Mary, despite admitting to finding the steep direct descent quite tough, won in 18.05. Becky Weight was third in 20.26 and Sharon Smith 5th in 21.31 giving Bingley the ladies team prize also.

Tim Midgely, having already run 5th in the road race, came an amazing 14th in 16.52, with Jamie Robinson at 15th hot on his heels in 17.00. Tony Cunningham was well placed in 24th in 17.58. If a Bingley 'B' team had been considered they would have been second! Simon Wright, Michael Smith, Bruce Duncan, Andrew Frame and Michael Fryer completed the numbers.

20/08/07 BRITISH ATHLETICS LEAGUE 10 IN100 PLATE FINAL

After an early start and a long trip to Bedford the Bingley ladies Team had a great day taking part in final.

Many of the team had not experienced the formalities of a top Track & Field meeting with competitors being presented and announced, boxes for your kit, Photo finish, electronic timing and generally mixing with many top names in the country.

On a very windy and cloudy day the girls all performed very well and we had a winner with Mary Wilkinson holding off the opposition in the 3000m in a time of 10.20.04. Adanna Okeahialam gained a PB in the Hammer with 24.60m and 26.7m in the discus and Joanne Oates gained a PB in the Triple Jump with 9.80m. We were leading the only other Northern Club York at one stage but were just pipped by 1 point in the end to finish in 7th place.

There were gutsy performances by Whitney Taiwo in the 100m, Laura Pitts in the 200m, 100m Hurdles, Jo Bullock in the 800m, Emma Ogden in the Pole Vault and Abigail Greetham in the 400m. Abigail is preparing for her Trip to Brazil representing GB in the INAS-FID World Athletics Championships. To the end of the day the medley relay team of Laura Pitts, Whitney Taiwo, Jo Bullock and Joanne Oates give an impressive performance finishing in 5th place. The Plate winners were Hern Hill Harriers with Woking in 2nd place and Dartford Harriers in 3rd. Bingley were always up against it with all the other clubs competing in their respective 1st divisions in their area leagues whilst Bingley will be fighting to regain their Division 2 status next season

30/07/07 BMAF T&F CHAMPIONSHIPS, BIRMINGHAM

A good haul of medals was taken by Bingley's Vets at this year's British Masters' Track and Field Championships held over two days at Birmingham's Alexander Stadium. The weather, although dry, bright and sunny for a good proportion of the time, was also very windy. Firstly M60 Mike Smith came in for silver after battling it out in a closely contested! 500m, just missing out on Gold by 1 second. A quartet of our other vet competitors had all opted to run in three of the Sunday's 10,000m finals.

Our only lady, W40 Andrea Dennison, had an early start (before 10am) but this obviously suited her as she came home first for gold in her category.

Next up, in the afternoon, it was the turn of M55 Gerry Bell and M65 Fred Gibbs in their race. Gerry, although having had a decent enough run, was just kept out of the medals. Fred however, was luckier, being able to keep just ahead of his rivals, to win his age-group.

Last, but not least, new vet to these championships, Stewart MacDonald ran an excellent race, finishing runner-up in his M40 category, probably the most strongly competitive age-group, for a well deserved silver. All-in-all a good weekend for Bingley's vets.

19/07/07 ECCUP 10 MILES VETS CHAMPS

Unlike last year's race, which was sunny and hot, the weather for the Eccup 10 Mile race organised by Abbey Runners on Sunday 15th July, was overcast and damp with no wind. Luckily, the rain that has ruined the summer, held off until after the race, or else a tractor might have been required to drag cars out of the field serving as a car park. First Bingley runner was Tim Midgely, fourth male but sixth overall because he finished just behind two speedy females. In the Yorkshire Vets Championships, Paul Mitchell and Carey Gray were second and third respectively in the M45 category. Andrea Dennison was first F40, Gerry Bell second M55, John Firth first M65, and Fred Gibbs third M65.

04/07/07 25 YEAR OLD 1500M RECORD BROKEN

Lucy Mayho taking part in the BMC series of races at Watford on 30th June smashed her Personal best in the 1500m by 5 sec breaking the 25 year old Club record set by Angela Crewe in 1982. The new record of 4.29.40 was a massive improvement on the 4.35.63 Lucy set at the City Of Manchester BMC race on 9th June.

With 3 more BMC races scheduled on 21st July in Solihull, 11th August at Irthorpe and 25th August at Crystal Palace then Lucy has the opportunity to lower the record even further.

27/06/07 BRITISH MASTERS 5K - HORWICH

A few hardy souls crossed the Pennines to try their luck on the undulating and twisting course at Horwich. Pick of the performances was that of Sue Becconsall who came home in 18.26 to gain a silver medal in the W O/45's. John Firth secured bronze in the O/65's with a time of 19.57. At team level, the combination of Les Haynes (18.52), Mike Smith (19.17) and Bob Dover (19.20) was enough to deliver the silver medals which, given that they are at the wrong end of their age group, was an excellent achievement.

Other club runners included Neil Robson (19.45) - obviously on the way back - Fred Gibbs (20.09) and Dave Barber (21.22).

Another productive day out!

[See the pictures in the photo gallery](#)

12/10/07 HONOURS FOR HARRIERS AT HAREWOOD

In glorious weather the numbers taking part in the two races were well up on recent years. Bingley Harriers dominated both races, and won both team prizes, with 4 out of the first 6 in both the men's and women's races. Pauline Munro won the ladies race for Bingley in 37.51 - more than 1.5 minutes ahead of second place Andrea Dennison (39.24), also of Bingley, whose third counter was Mary Green (42.05) in third place overall. Becky Weight, Bingley, finished in 5th place. Other Bingley prize-winners included Sue Fulton (2nd vet O/45).

The men's race was a much closer race with winner Ricky Wilson (Harrogate), in a time of 33.12, managing to hold off challenges from Trevor Wicks (Leeds City), in 33.41, and Chris Cariss (Bingley) in 34.07. Bingley's Tim Midgeley, Andy Brown and Chris Gibbins followed in 4th, 5th and 6th places in 34.34, 35.25 and 35.39 respectively. Other Bingley prize-winners were Paul Mitchell (1st O/45 - 36.54), Gerry Bell (2nd O/55 - 39.23) and Les Haynes (2nd O/60 - 42.35).

After such a long period of injury, it was extremely encouraging to see Chris Cariss competing again in the blue and white hoops. We wish him continued success in the long road to full recovery.

11/06/07 DUDDON 'RECORD' FOR HOLMES

In winning the 20 miles (and 6000') Duddon Valley Fell Race Ian Holmes dipped inside Billy Bland's 1981 record of 2:43.10 by some 35 seconds. Whether the record will be ratified or not remains to be seen as the course was shortened by a few hundred metres.

Rob Jebb was 3rd a minute or so behind and 3rd Bingley counter was Lee Athersmith in 39th spot. Bingley's women also made the trip with Sharon Taylor (75th), Ali Raw (116th) and Mandy Clarke (252nd). Making up the Bingley contingent was Pete Jagan (327th) and Andy Frame (348th).

10/06/07 MORE VETS MEDALS AT FULL BRONTE FIVE-MILE

Starting in the picture postcard, cobbled high street of Haworth, the field of runners were treated to two laps of a hilly course with fine views over the moors. Winner was Stewart MacDonald in the time of 27:22 and he was also first in the Yorkshire Veteran's M40 category. Martin Peace was third overall, but unfortunately Bingley lacked a top third counter for the team prize. Sue Becconsall was first woman and also first in the F45 age group. Other Bingley medallists were Mary Green (2nd F45), Jenny Vesey (2nd F55), Carey Gray (1st M45), Peter Pyrah (1st M50), Amarnath Ahir (3rd M50), Mick Long (3rd M55), Bob Dover (2nd M60), Oliver Downing (3rd M60), John Firth (2nd M65), and David Barber (3rd M65).

07/05/07 BINGLEY WINNERS IN YORKSHIRE VETS 5K RACE

This year's premier Esholt 5k sewage-works dash, also known as the St Bedes John Carr series race one incorporating the Yorkshire Veterans 5k Championship on Wednesday 2nd May, was pre-entry only. A grand total of 32 Bingley runners took part, making up nearly ten percent of the field, with Jon Cordingley finishing 3rd overall in 15:42. There were many individual veteran medal winners, including Andrea Dennison (1st F40), Jon Cordingley (1st M45), John Convery (2nd M45), Sue Becconsall (1st F45), Becky Weight (2nd F45), Peter Pyrah (2nd M50), Gerry Bell (3rd M55), Jenny Vesey (1st F55), Mike Smith (2nd M60), Bob Dover (3rd M60) and David Barber (1st M65).

04/05/07 ANOTHER 3 PEAKS VICTORY FOR ROB

The 53rd running of the Three Peaks Race held traditionally on the last Sunday in April proved to be a great day all round. The weather was perfect for running and fast times were expected particularly if the race was to be closely contested.

The Bingley contingent led by Rob Jebb and Ian Holmes were together as far as Ribbleshead with John Henegan a little further back but these three were starting to open a clear lead. By the summit of Whernside John had managed to get past Ian but Rob had pulled away from both to round the summit with a comfortable lead which he maintained to the finish, giving him a personal best time. Ian weakened during the latter part of the race but held on to third place, no mean result as a forty year old veteran! Rob and Ian together with Robin Lawrence and Andy Nichol made up second team to winners Dark Peak.

In the Ladies race, Mary Wilkinson opened up a minute lead on Sharon Taylor by Pen Y Ghent Summit, a gap which Sharon never managed to close in fact losing a little more time towards the finish. These two were nevertheless first and second ladies in 34th and 46th place overall in the race. Mandy Clarke made up the third team counter to give Bingley Ladies first team place.

Next year the race will be on a Saturday and will have an international field having been awarded the WMRA World Mountain Running Challenge.

Eighteen harriers finished the race: 1 Rob Jebb 2-51-49, 3 Ian Holmes 3-03-39, 33 Robin Lawrence 3-30-03, 34 Mary Wilkinson 3-30-32, 46 Sharon Taylor 3-36-28, 56 Andrew Nicholl 3-40-31, 90 Jamie Robinson 3-49-26, 98 Colin Moses 3-51-44, 123 Alan Wright 3-57-01, 168 Steve Fry 4-05-58, 230 Amarnath Ahir 4-15-33, 248 Mandy Clarke 4-19-16, 278 Phil Helliwell 4-26-40, 361 Mick Ford 4-47-16, 370 Martin Teal 4-48-55, 380 Simon Wright 4-51-05, 441 Bruce Duncan 5-17-52, 446 Andrew Frame 5-20-55.

02/05/07 YORKSHIRE VETS CHAMPS - ROTHWELL

The popular Rothwell 10k on Sunday 29th April attracted 14 Bingley entrants in a field of over 700 taking part. First Bingley runner and in 12th place overall was John Convery in 32:50, even though he had run the London Marathon the previous week. He was also winner of Yorkshire Veteran's Championship M45 category. Other Yorkshire medal winners were Peter Pyrah (3rd M50), Pauline Munroe (1st F35), Sue Becconsall (1st F45), Andrea Dennison (1st F40), John Firth (1st M65), Dave Barber (2nd M65) and Derek Gill (1st M75).

23/04/07 SPORTSHALL ATHLETICS NATIONAL FINAL

The 2007 Sportshall Athletics UK Final took place at the National Indoor Arena in Birmingham on 23rd April 2007. The level of

competition was top class as you would expect, but everyone gave there all with many of our athletes producing personal best performances and reaching finals and winning 9 National Medals. The Under 13 Boys team were the stars reaching two Relay finals and coming out with 4 medals. In the 2 lap final Matthew Chambers was just edged into the Silver medal position and in the 4 Lap Luke Hendrie was in a winning position when the leading group pulled in thinking they had finished before the actual line. Luke was disappointed with his 4th place when he could have had gold. Luke was out to make amends partnering Sam Kerfoot-Roberts in the 8 Lap Parlauf relay to take a deserved bronze medal. The Team position out of 13 teams was 8th place overall with Birmingham taking the title.

In the Under 13 Girls there were some good performances from a young team who finished in 9th place, with Birmingham the winners. The highlight was the team of Charlotte Manion, Charlotte Armitage, Bethany Gill and Mollie Flannery taking silver in the Obstacle Relay final.

The Under 15 Girls team finished 12th place with Birmingham winning.

The star individual performance producing the gold medal came in the Under 15 Boys team with Thomas Scott taking 1st place in the Speed Bounce competition with a score of 88 in 30 seconds. The Under 15 Boys team were in 13th place with again Birmingham making it a clean sweep in all 4 competitions.

The Team captains were please to receive the certificates from Jade Suriman the Under 15 winner for the last 2 years and recently capped athlete for GB in the triple jump.

23/04/07 400M HURDLES RECORD BROKEN

The Club Male 400m Hurdles record has been broken at the beginning of the season by Oliver Robinson with a new time of 56.5 knocking off 1.6sec from the his previous record of 58.1sec. Oliver is at Durham University and travelled across to Sheepmount Stadium in Carlisle for their warm up meeting and smashed the record. Sheepmount was upgraded in January 2005 and a few days after the big handover was flooded and covered with several feet of water. Obviously it has now dried out and Oliver could leave his water wings at home.

23/04/07 15 HARRIERS IN LONDON MARATHON

15 Bingley Harriers made it round the 26+ miles of the Flora London Marathon yesterday, all of them resisting the temptation to wear the club's mascot outfit - maybe next year? Surely the sight of Hound Dog doing a sub 2.30 would turn a few eyes? Anyway first home was Men's Captain Stewart MacDonald in 2:28.39 followed closely by Andy Peace in 2:37.18. First Bingley woman was Lisa Mawer who was just 30 seconds over the 3 hour mark.

The full Bingley Harriers results were:

Stewart MacDonald	M40	02:28:3
Andy Peace	M35	02:37:1
John Convery	M45	02:54:4
Chris Gibbins	M35	02:54:5
Lisa Mawer	W35	03:00:3
Andrea Dennison	W40	03:02:2
Tony Cunningham	M30	03:04:2
Simon Fielding	M40	03:08:5
Oliver Downing	M60	03:25:4
Philip Knight	M40	03:54:1
Lucy Tinker	W35	04:15:5
Chris Hardaker	M55	04:15:5
Ken Riley	M55	05:01:0
Sue Whiteley	W45	05:44.3
Sue Clark	W40	05:44:3
Helen Cariss	W25	05:59:3

16/04/07 6TH SPOT FOR WOMEN IN ROAD RELAYS

This was held on the usual course at Sutton Coldfield on Saturday (14th April) in brilliant sunshine. The weather was a first for Captain Sue Cariss "I've been there in rain, hail, wind, cold" she said "but never sunshine, so I did not appreciate just how busy the park could be, or how inconsiderate large sections of the British public can be either! Cars were parked on the course, families 4\5 abreast across it, unretracted retractable dog leads across it and that's without the "Look at her" brigade (in between swigs of beer) from seemingly endless gangs of chavs - when some of the best athletics in the country was on display".

It didn't daunt our ladies, we finished in 6th place - out of 57 teams, just being pipped for 5th by 7sec though it took a Scottish International to do it. Lisa Mawer ran first and came in 10th place well in contention in 17m 05sec. Victoria Wilkinson moved us up to 6th with her 17m.34s and Mary Wilkinson's excellent 16m 59s moved us up to 5th. We were in 6th with Anne Buckley's 17m 41s and Natalie White's 17m 43s and Sue Beconsall's brave 18m 09s was oh so close to that 5th spot. The ladies really did us proud as the standard of this competition just keeps on rising.

14/04/07 BRITISH MASTERS CROSS COUNTRY RELAY

Our male O/60's team came away with silver (it was gold last year!) in this event held sunny conditions in Bathgate, Scotland. Mike Smith registered 15.05, Bob Dover 15.11 and Les Haynes 15.16, despite picking up an old injury again en route. They hope to get their revenge on champions, Clydesdale, at Sutton Park in the road relays in May.

13/03/07 BAILDON BOUNDARY WAY SUNDAY 1ST APRIL

15 Bingley Harriers crossed the moor to run the Baildon Boundary Way a popular off road half marathon, in a field of 337. Memories of last year's quagmire start, lost shoes, and greasy muddy conditions were still fresh for many. This year couldn't have been more different. Moving the start onto a stony track and a dry spell leading upto the event meant conditions underfoot were perfect. The day was sunny with with a brisk, cold wind to face into across Baildon Moor and Harvey Smith's gallops. Times were generally a few minutes up on last year. Running conditons were definitely better and also a few course changes at the start and to accommodate the closure of the short cut across the Yorkshire Water site at Esholt made the course feel more open and free running. Anyway how did we do? Lee Athersmith was second Male (1.20.00) just 12 seconds off the winner, Mary Green had a storming run to take second

female in 1.42.27 less than a minute behind the winner, and Becky Weight got first FV45 in 1.48.48, as Mary already had a prize! With 6 Bingley men in the top 40 the team prize must have been close but Keighley & Craven pipped them at the post.

2 Lee Athersmith 1.20.00
 9 Martin Peace 1.26.55
 10 Paul Mitchell 1.28.09
 14 Alan Wright 1.30.27
 29 Jamie Robinson 1.33.03
 35 Colin Moses 1.34.42
 69 Mary Green 1.42.27
 106 Becky Weight 1.48.48
 123 Bruce Duncan 1.50.59
 131 Michael Smithurst 1.51.37
 136 Mark Latham 1.51.46
 174 John Smithurst 1.56.01
 250 Gordon Kaye 2.08.45
 271 Louise Akeroyd 2.13.04
 334 Katie Greig 2.56.20

Great to see the Blue & White hoops out in force throughout the field and many supporting on the route.

26/03/07 ABBIE WINS GOLD

Nineteen-year-old Luddenden athlete Abbie Greetham returned with gold and silver medals from the INAS European Indoor Athletics Championships in Prague. Abbie was part of the 4 x 400m team, which earned Great Britain its only gold medal at the championships, which featured teams from 13 countries. The victorious 4 x 400m team set a new national indoor record, Abbie being one of three of its members who also reached the individual final. Abbie won silver with the 4 x 200m relay team and also reached the semi-finals of the individual 60m, narrowly missing out on the final. Abbie is now waiting to hear whether she has earned a place in the Great Britain squad for the World Championships to be held in Brazil in September.

26/03/07 BRITISH MASTERS GOLD

A small, but perfectly formed, group of Bingley runners turned out in the cross country in Mansfield, on 24 March. Les Haynes, Bob Dover and Fred Gibbs came home comfortable team winners in the 60-69 age group - not bad considering their average age was over 65! Les was 10th, Bob 14th, in the 60-64 age group, and Fred 5th in 65-69's. Other members running were Andrea Dennison - 5th [in the W 40-44] and Gerry Bell in the O/55's.

12/03/07 NATIONAL CROSS COUNTRY CHAMPIONSHIPS

Herrington Country Park, Sunderland hosted the 2007 National Cross Country Championships. A largely flat and dry course, but a strong wind made for testing conditions. Bingley Harriers women's team won bronze medals, Victoria Wilkinson was the first counter in 23rd position and completing the team were Lisa Mawer (33rd), Ali Raw (34th) and Sharon Taylor (55th). We had eight runners on the start line for the senior men's race, which meant we would finish a team. The top ten was the aim but we had to settle for 13th at the end with 618 points, behind Leeds, Bedford and Sale. First home for us was Matthew Whitfield in 45th (39.57) closely followed by Ian Holmes 58th (40.19). Not far behind Ian in quick succession were Andy Peace 78th (40.56) and Robert Jebb 80th (40.58). Stewart MacDonald 148th (42.49) and Tim Midgeley 210th (44.09) brought the team home.

Bingley Harrier Juniors also had a good day.

The under 13 girls finished 20th in the team event with the ever improving Holly Shreeve leading the team home in a great 21st place, followed in by Claire Mack 115th, Jenna Killock 157th and Megan Crowley 266th. Not to be outdone the U15 girls finished 13th, Carly Robertson 24th, Holly Craig 89th, Jo Bullock 187th and Jessica Mayho 203rd, giving the team a great result. With only 1 athlete in the U17 girl's event, Holly Ramsden battled to 141st place. Lucy Mayho ran a fantastic race to finish 6th in the Junior Women's race. In the U17 men's race, Bingley Harrier Jonathan Brownlee, representing Bradford Grammar School ran a fantastic race to earn himself a great bronze medal for 3rd place. He was followed home by Tom Crowley who ran impressively to achieve 32nd & Bradley Fletcher 179th. With only one athlete in the junior men's race, Aaron Fletcher ran well to achieve 134th place. Ben Marriott in the U15 boy's race was again the only Bingley Harrier but he also ran well to gain 132nd place.

11/03/07 WOMEN WIN AT WINDMILL WHIZZ

There was a considerably good turn out for this event which made blue and white preside over other club colours. Seven runners made a strong Bingley team and first Bingley Harrier past the post was newcomer Tony Cunningham followed by Bob Dover, Mary Green, Gordon Kaye, Alison Marks, Mary Minshull and Lisa Spencer. The course was mixed terrain. Starting near Ogden Water and climbing the rocky ascent to Ogden Clough, the route quickly flattened out over Wharley Moor then met the road and track near the wind turbines. An easy down hill last mile put a smile on many peoples faces after the hard ascent and constant battle against a heavy head wind.

In the prize giving (and Chip butties!) in the pub afterward Bingley claimed a nice sweep with Mary Green 2nd Lady and Alison Marks 4th. Bob Dover won the vet category (and bagged a bottle of wine!) and there were easter eggs all round as the lady's managed to make a winning team.

28/02/07 BINGLEY JUNIORS AT ILKLEY MOOR

There were some outstanding performances by Bingley Juniors Fell runners at the Ilkley Moor race. Two new faces - Daniel Netherwood (pictured) and Lucinda Peacock - got things underway on the steep U8 course. Joshua Netherwood ran well in the U10's with David Peacock, Adam Harper and James Hall also performing well in the U12 boys. James broke the old course record by a good 20 seconds. Nicole Narey ran a good race in the girls U12 section while Ben Marriott came first in the U14 boys, ably seconded by Owen Wheelan with Emily Peacock showing well for the girls. It was a double first for Bingley in the U16's with Henry Fulton and Holly Craig leading home in the blue and white and Lewis Wright also well to the front in the two-lap race. Finally a hurrah for Holly Ramsden who ran as an U18 girl in the tough five mile senior race with its sapping boggy climbs and rocky descents. Next up for junior fell fanatics is the Wrekin for the first round of the English championship.

14/02/07 YORKS REGIONAL SPORTS HALL ATHLETICS FINALS

Four teams representing West Yorkshire traveled the short distance to Halifax on Sunday to compete in the Annual Yorkshire Regional Final for places in the United Kingdom Finals to be held at the National Indoor Arena, Birmingham on 22nd April. The UK finals are a massive experience so events will need practice and polish to compete at this level.

31/01/07 JUNIOR FELL CHAMPIONSHIP

It was wild and wuthering at Penistone Hill for the first race of the Bingley Junior Fell Championship. The Met office "Windy with occasional showers" didn't do justice to the conditions but the Bingley juniors were more than a match for them with all-round excellent performances. For the girls, Olivia Coffey, Nicole Narey and Emily Peacock set the standard in their respective age groups. For the boys it was good to see a new face, Joshua Netherwood, storming in to finish in the U 10's with Dad looking on (in his wellies). James Hall and David Peacock had good runs in the U12's with James taking third place. Ben Marriot ran second in the U14's with Owen Wheelan and Matthew Coffey having good runs. A special mention for Owen who ran the latter half of the race, including the descent into the quarry, with one shoe on. How fast will he go with a pair of Walshes! Performance of the day goes to Henry Fulton who was first in the two-lap U 16 race ably backed up by Lewis Wright and Michael Coffey. Roll on Ilkley Moor.

28/01/07 FIRST NORTHERN TITLE FOR BINGLEY'S WOMEN

For the very first time Bingley's women's team won the Northern Cross Country Championship. The hilly and undulating course, at Heaton Park, Manchester, was testing with plenty of mud. Our heroines were, Natalie White in 5th 26.29, Lisa Mawer 12th 27.05, Pauline Munro 25th 27.58 and Sharon Taylor 28th 28.02. Sue Beconsall also ran and finished 48th in 28.42. There were 275 finishers in all which demonstrates how well all our team performed. So added to their Yorkshire title it's 2 out of 2 so far.

Men's Race

A Friday night withdrawal due to injury of a key team member cost us a certain bronze medal at the North of England cross country championships at Heaton Park Manchester on Saturday. As it was we had to settle for fourth place behind Leeds, Sale and Salford. It just goes to show that there is still life in this old team if we can get them out. Once again it was Ian Holmes who led the club home in 30th place (35.42) after a ding dong battle with Andy Peace 34th in 35.55. Then just as in the Yorkshires but in a different order was the tightly knit trio of Stewart MacDonald 53rd (37.13), Aidan Johnson 58th (37.20) and John Convery 64th (37.37). Bringing the team home in

101st place was Tim Midgeley (38.45). A strengthening of the team for the National at Sunderland should bring a good result for the Club.

Junior Races

Lucy Mayho finished a brilliant second in the Junior ladies race.

In the Junior Championships the u13 girl's team did fabulously together and managed to claim 9th place in the team event which was a great result as it was, for some runners their first big race. Holly Shreeve, 20th, did very well and was followed in by Jenna Killock, 71st, Arianna Zenti, 75th, Claire Mack, 88th, Alicia Jeavons, 106th and Meg Crowley 185th completing the team.

We had no u13 boys running but we hope to see them soon at the nationals!!!

There was only 1 u15 girl for this race, Carly Robertson, but she ran magnificently to claim 8th place over the 4km course. Well done.

Again there was only one runner in the u15 boys Ben Marriot who came 81st which was a great result!!!

In the Under 17 Boys Bingley Harrier Jonathan Brownlee running the BGS colours finished a magnificent 2nd place.

In the u17 women's race Eleanor Kitchen came home in 54th place followed in by Holly Ramsden in 105th well done ladies!!

Finally we had two u17 men, Tom Crowley ran brilliantly to come in 11th place and Brad Fletcher came in 159th congratulations!!

28/01/07 RECORDS FALL IN SPORTSHALL CHAMPS

Records tumbled in 5 track events at the West Yorkshire Sports Hall Athletics Trials\Championships held at the Richard Dunn Sports Centre recently. Over 140 boys and girls from all over West Yorkshire competed to gain selection for the West Yorkshire teams to go to the Yorkshire Regional finals in Halifax on 11th February.

In the Under 13 Girls competition Arianna Zenti from Parkside showed she was in contention setting a new record in the 4 Lap race and also winning the Standing Long & Triple Jump competitions. Sarah Roberts from Spenborough also set a new record in the 6 Lap race.

The Under 13 Boys saw Matthew Chambers from Bingley Grammar School set the standard with a new joint record in the 1 lap race and a new record in the 2 Lap race and a string of wins in the Standing Long & Triple Jump and Vertical jump. The 1 Lap joint record holder is now Sushank Bastola from Crossley Heath School in Halifax. Fellow pupil also from Crossley Heath Samuel Kerfoot-Roberts set a new record in 4 Lap race.

In the Under 15 Girls Joanna Bullock of Bradford Girls GS had a hat trick of wins in the 4Lap, Standing Long Jump and Shot Put. In the Under 15 Boys Jason Taylor from Hipperholme & Lightcliffe School had a hat trick of wins in the 2 Lap, Standing Long Jump and Shot Put. The Under 15 Boys were the only disappointment of the day with only 9 entered and actually only 8 taking part, when we need 7 top performers for the team.

20/01/07 YORKSHIRE SPORTSHALL ATHLETICS FESTIVAL

Following the successful eliminator match held at Richard Dunn Sports centre on 7th January the victorious City of Bradford Under 11 Girls Team and the second place Under 11 Boys team travelled to the English Institute of sport in Sheffield.

The City of Bradford Girls team finished in 4th place just one point behind Sheffield and 10 points behind second place Kirklees. The surprise winners were new girls Selby competing for the first time in the competition. Looking at the Girls' scores a few more points in the speed bounce and in the 1+1 relay we could have been challenging Selby for the title; it just shows one slip in the relay can cost points. In the individual events Lucy Worrall won the target throw but was well supported by plenty of 2nd and third places in the other events. On the Track the Bradford Girls proved their agility in finishing 2nd in the Obstacle relay and the over/under relay.

The City of Bradford Boys team also finished in 4th place again only 4 points behind Sheffield in 3rd place with Leeds obviously practicing after the eliminator match in 2nd place and Kirklees the winners. The Bradford Boys had winners with Matthias Britton in the Balance test and Chris Madugba in the standing long jump, backed up by excellent performances by Daniel Judkowski in the Standing Triple jump and Jirdan Hendrie in the sitting throw. On the track the team slipped a bit but picked up valuable points in the Obstacle and Over/under relay and a truly exciting Grand prix race at the end. Again a few more points in the Parlaauf relay and the Speed Bounce would have put the team in contention.

17/01/07 RAW RECRUIT INTO THE GROOVE

One of Bingley's latest recruits Aly Raw is flying. 1st female at Auld Lang Syne 31st Dec. 1st female at Ovenden 6th Jan and followed this up with 1st female following day and 20th overall in a field of 209 runners at the Pennine 10K.

16/01/07 CROSS COUNTRY MEDALS FOR BINGLEY VETS

The Yorkshire Veterans Cross-Country Championships were held at Winter Hill, Rotherham on Sunday 14th January. The course was hilly and testing, but the ground not too cut up, even though the race was run immediately after the South Yorkshire Championships. In the first race, winner of the F40 category was Andrea Dennison, while Roy Bailey won the M55 class. Les Haynes gained the M60 silver and John Smithurst bronze in the M65 group. Bingley took both team prizes for men, the M50 (Roy Bailey, Peter Pyrah, John Young) and M60 (Les Haynes, Mike Smith, Bob Dover). First athlete in both his M40 category and overall in the final M35-49 race, was Bingley's Stewart MacDonald. He led home the M40 team for the silver medal, completed by David Potter, Carey Gray and Steve Fry. Carey Gray managed to injure himself even before the race began - by putting his back out whilst putting on his vest in his car. He completed the 10k course with more than his customary grimace!

10/01/07 PENNINE NORWICH UNION FUN IN ATHLETICS FINAL

Sportshall Athletics is expanding rapidly throughout the country and overseas. So in 2007 West Yorkshire were told that only 3 places had been allocated in the Pennine Fun in Athletics finals at the English Institute of Sport in Sheffield on Saturday 13th January. To eliminate 2 teams of Boys and 2 teams of girls, a match was set up at Richard Dunn Sports Centre between teams from the City of Bradford, Leeds, Wakefield, Kirklees and Calderdale. The prize was a place in the final for the best 3 teams.

The Bradford Teams both qualified in good form and with this match as practice can improve next weekend and give all the opposition a run for their money. In the Boys team Chris Madugba ranked first in the Standing Long Jump with a leap of 2.13m, this coupled with team maximum points in the Chest Push, Sitting Throw, Speed Bounce, Standing Long Jump and Target Throw gave then second overall.

The Girls team finished in top place due to top ranked Charlotte Cox in the Javelin, Chloe Tindall in the Speed Bounce, Holly Postlethwaite in the Balance Test, Sophie James and Lucy Worrall in the Target Throw, and E Middlebrough in the Balance Test. These score coupled with maximum points in the Over Under Relay, Hurdle Relay, Balance Test, Javelin, Sitting Throw and Target Throw gave them the edge over Kirklees.

The response from parents, athletes and officials from the other authorities has been excellent with everyone having a great time and considering our first time at putting one of these matches on running very smoothly.

08/01/07 YORKSHIRE TITLE RETAINED

Skipton was once again the venue for the Yorkshire XC Championships this year and Bingley's women have retained the Championship. Finishing 18 points ahead of nearest rivals Leeds City they secured their third victory in the event the team being led home by Lucy Mayho (3rd), Natalie White (5th) and Lisa Mawer (8th).

In the men's event Bingley could only manage 2nd place over 80 points adrift of winners Leeds City with master veteran Ian Holmes being our first counter. When it was held here two years ago we managed to win the men's title, but we knew it would be a lot tougher this time around. The day was mild and dryish, which is more than can be said of the underfoot conditions, these were wet and muddy. Tough conditions and a superbly tough course meant for a challenging afternoons sport! Leeds city had it more or less won from the gun, with scorers filling the first two places. We had to wait until 12th place for Ian in a time of 42.42. Hot on his heels was Matthew Whitfield in 14th position just 4 seconds down. Slipping down the field fast was Andy Peace in 21st (44.00). Luckily the finish line came when it did, else he could have slipped out of the scoring 6, because close up in 23rd, 24th, and 27th were Jon Convery (44.07), Stewart MacDonald (44.08) and Aidan Johnson (44.29). This completed the 'A' team which claimed the silver medal spot for the second year running. Third place went to Hallamshire Harriers yet again. Tim Midgeley, Andy Brown, Chris Gibbins, Dave Potter, Stephen Fry and Pete Pyrah made up our 'B' team and deserve a mention because they placed 12th team overall. Thanks for turning out lads, hope to see you all at the Northern's, in Manchester on 27th of January.

The under 13 girls team finished in a respectable 6th place with Holly Shreeve 10th, Jenna Killock 21st, Alicia Jeavons 33rd, Arianna Zenti 34th, Claire Mack 39th, Nicole Narey 73rd and Megan Crowley 79th, completing a good all around team effort.

The under 13 boys were unable to field a full team however; Luke Narey 58th, Adam Harper 70th and James Harris 73rd competed well in the tough conditions.

Only one Harrier competed in the under 15 boys but Ben Marriot ran impressively to claim 12th place.

The under 15 girls' team followed their recent success with a great 3rd place, with the ever improving Carly Robertson claiming second position supported by Holly Craig 10th, Jessica Mayho 27th and Jo Bullock 36th.

With the running conditions getting worse both Eleanor Kitchen 19th and Holly Ramsden 40th ran well in the under 17 women.

In the under 17 men's race, Jonathan Brownlee running for Bradford Grammar School on this occasion was the race winner and Tom Crowley ran brilliantly to claim 7th place, Matthew Stewart 34th and Bradley Fletcher 36th followed to end a good but muddy day for Bingley Harriers juniors. Well done everybody!!

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