

Bingley Harriers Senior Fell Championship 2020

Date & time			Race	Cat	Location / miles from Bingley	Min Age	Km	Mtr	Entry (See Notes) EOD-Enter on Day	Other Details (See Notes)
01-Mar	Sun	11.30	Ilkley Moor	AS	SW Pennines /10	16	8	401	Pre-entry or EOD	www.ilkeyharriers.co.uk
11-Apr	Sat	3pm	Rivington Pike	BS	SW Pennines /56	16	5.2	213	EOD	www.horwichrmiharriers.co.uk
25-Apr	Sat	10.30	Three Peaks	AL	Yorkshire Dales /33	18	37	1608	Pre-entry 1 Feb	https://www.threepeaksrace.org
16-May	Sat	11.00*	Alderman's Ascent	AS	SW Pennines /35	16	8.5	400	Pre-entry	www.cragrunner.com
23-May	Sat	12.00	Fairfield Horseshoe	AM	Lake District /69	18	15	914	Pre-entry	www.amblesideac.org.uk
06-Jun	Sat	3pm	Pen Y Ghent	AM	Yorkshire Dales /33	16*	11	564	EOD	www.settleharriers.org
27-Jun	Sat	3pm	Eldwick Gala	BS	SW Pennines /2	14	4.8	168	Pre-entry or EOD	www.bingleyharriers.org.uk
18-Jul	Sat	3pm	Ingleborough	AM	Yorkshire Dales /37	18	11	600	EOD	www.settleharriers.org
23-Aug	Sun	11.00	Crowden Horseshoe	BM	Peak District	18	13	518	Pre-entry or EOD	www.race-results.co.uk
26-Sep	Sat	11.00	Thieveley Pike	AS	SW Pennines /24	16	7	400	EOD	www.claytonleemoors.org.uk

Rules Best 5 results to count. Must include races at two lengths (S, M or L). See www.bingleyharriers.co.uk for full rules. Queries to beckyweight@btinternet.com or andyjebb2@gmail.com

The above races are part of the Fell Runners Association 50th Anniversary 50@50 Race Series - your best 10 results of 15 (minimum), and commemorative garments for 15, 25 and 30+ races

A, B, C	Race category - A (more ascent / technical) to C (less ascent / technical)	Note	If sites not updated try : http://fellrunner.org.uk/races.php .
S, M, L	Short (<10km), Medium (10-20km), Long (>20km)	Note	EOD only if race limit not reached by Pre-entry.
G / NG	GPS <u>allowed</u> or <u>not allowed</u> to aid navigation on race day	*	Pen Y Ghent - Separate start for U18s so distance is <=10Km
Note	Parental consent needed for under 18	Note	Other key fell dates : <u>Sat 13 Jun</u> Blackfell AM, <u>Sat 25 Jul</u> Bingley Show BM
Note	Age limits - FRA max dists - Age/km 10/3km, 12/5km, 14/7km, 16/10km		<u>Sun 4 Oct</u> Hodgson Bros Mount Relay, L Dist <u>Sat 17 Oct</u> Brit Fell Relay, Howgills