

Bingley Harriers 10k Road Championship 2014

Race Date	Ribbles Valley 29/12/2013		Meltham 26/01/2014		Dewsbury 02/02/2014		Huddersfield 23/02/2014		Bradford 16/03/2014		Keighley BigX 30/03/2014		Fountains 27/04/2014		Apperley Bridge Canter 22/05/2014		Burnley 22/06/2014		Halifax - Helen Windsor 02/07/2014		Leeds 20/07/2014		York 03/08/2014		Spennings Greenway 14/09/2014		No of races run to date	Total Points to date	Points after top 8 races	Current Position
	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time				
Lee Athersmith	50	00:34:15	0		0		0		0		0		0		0		0		0		0		0		0		1	50		
John Convery	49	00:34:57	0		50	00:35:16	0		0		0		0		0		0		0		0		0		0		2	99		
Stewart Macdonald	48	00:35:26	0		49	00:36:21	0		0		0		0		0		0		0		0		0		0		2	97		
Chris Sutcliffe	47	00:38:47	0		48	00:36:25	0		49	00:36:34	49	00:38:32	0		0		50	00:37:36	49	00:38:47	0		50	00:37:56	0		4	203	2nd	
Wayne King-Farlow	46	00:40:28	0		46	00:40:46	0		45	00:40:15	0		49	00:33:56	0		0		0		0		0		0		4	186		
Waheed Khan	45	00:41:13	0		47	00:40:26	0		47	00:39:10	0		0		0		0		0		0		0		0		3	139		
Bruce McNeill	44	00:44:02	0		44	00:44:18	0		39	00:46:36	0		49	00:59:07	46	00:40:35	48	00:58:21	0		0		49	00:44:25	50	00:55:56	8	369	1st	
Fred Gibbs	43	00:44:25	0		0		0		0		0		0		0		0		0		0		0		0		1	43		
Phil Hawkswell	42	00:49:13	0		42	00:49:10	0		38	00:47:47	0		0		45	00:42:42	49	00:51:20	0		0		0		0		5	216	3rd	
Stuart Thomson	0		50	00:47:34	45	00:41:37	0		43	00:42:27	0		0		0		0		0		0		0		0		3	138		
Oliver Downing	0		0		43	00:47:19	0		40	00:46:35	0		0		0		0		0		0		0		0		2	83		
Max Duckett	0		0		0		0		48	00:37:13	0		0		0		0		0		48		0		0		1	48		
Ian Bland	0		0		0		0		41	00:46:28	0		0		0		0		49	00:48:25	0		0		0		2	90		
Andy Moore	0		0		0		0		37	00:48:21	0		0		0		0		0		0		0		0		1	37		
John Smithurst	0		0		0		0		36	00:49:54	46	00:52:53	0		0		0		0		0		0		0		2	82		
Phillip Bradley	0		0		0		0		34	00:54:08	0		0		0		0		0		0		0		0		1	34		
Aamir Zaheer	0		0		0		0		33	00:55:32	0		0		0		0		0		0		0		0		1	33		
Daniel Smithurst	0		0		0		0		46	00:39:28	0		0		0		0		0		0		0		0		1	46		
Jason Beckett	0		0		0		0		35	00:49:23	0		44	0:04:39	0		0		0		0		0		0		2	79		
Andy Siddle	0		0		0		0		50	00:34:54	0		0		0		0		0		0		0		50	00:36:30	2	100		
Bryan Parkinson	0		0		0		0		44	00:42:13	48	00:43:42	50	00:44:04	0		0		0		0		0		0		3	142		
Tony Kingham	0		0		0		0		42	00:42:56	0		0		0		0		0		0		0		0		1	42		
Sean Thompson	0		0		0		0		0		47	00:45:22	0		0		50	00:39:22	0		0		0		0		2	97		
John Merritt	0		0		0		0		0		0		48	00:33:57	0		0		0		0		0		0		1	48		
James Howzeo	0		0		0		0		0		0		47	00:34:33	0		0		0		0		0		0		1	47		
Peter Stephens	0		0		0		0		0		0		50	00:33:35	0		0		0		0		0		0		1	50		
Paul Clegg	0		0		0		0		0		50	00:38:04	0		0		0		0		49	00:38:10	0		0		2	99		
James Stuart	0		0		0		0		0		0		0		0		0		0		48	00:39:34	0		0		1	48		
Ellie Kitchen	50	00:41:53	0		0		0		0		0		0		0		0		0		0		0		0		1	50		
Michelle Woodrow	49	00:45:41	0		0		0		0		0		0		0		0		0		0		0		0		1	49		
Katie Phillips	48	00:51:23	50	00:57:28	0		0		0		47	00:56:28	50	00:54:53	0		49	00:53:46	50	00:54:08	49	00:55:38	49	00:52:04	0		8	392	1st	
Eva Watson	47	00:54:42	0		0		0		47	00:53:32	0		0		0		0		0		0		0		0		2	94		
Pauline Smith	46	00:55:11	0		0		0		0		0		0		0		0		0		0		0		0		1	46		
Caz McNeill	45	00:56:31	0		50	00:54:50	0		38	00:59:57	0		49	01:00:01	47	00:52:17	48	00:58:21	0		0		47	00:54:25	50	00:55:55	8	374	2nd	
Gavnor Beckett	44	00:58:27	0		0		0		40	00:59:13	0		0		0		0		0		0		0		0		2	84		
Heather Pearson	43	01:01:05	0		49	01:01:17	0		39	00:59:56	0		0		46	00:55:21	47	01:04:39	0		0		0		0		5	224		
Merane Todd	42	01:03:16	0		48	01:01:18	0		42	00:57:36	45	01:07:28	48	01:04:59	0		0		0		48	01:08:35	0		0		6	273	3rd	
Rosalyn Kitson	0	01:07:55	0		0		0		37	01:06:35	0		0		0		0		0		0		0		0		2	78		
Laura Meadowcroft	0		0		0		50	00:53:50	49	00:48:28	48	00:53:29	0		49	00:44:39	0		0		0		0		0		4	196		
Ali Dewhurst	0		0		0		0		50	00:44:41	0		0		0		50	00:46:44	0		50	00:46:10	0		50	00:45:36	4	200		
Ghazal Shah	0		0		0		0		48	00:52:47	0		0		0		0		0		48	00:52:22	0		0		2	96		
Lisa Pearson	0		0		0		0		46	00:53:50	0		0		0		0		0		0		0		0		1	46		
Lisa Davenport	0		0		0		0		45	00:55:23	46	00:59:22	0		0		0		0		0		0		0		2	91		
Jane Moorhouse	0		0		0		0		44	00:55:40	0		0		0		0		0		0		0		0		1	44		
Helen Childs	0		0		0		0		43	00:57:14	0		0		0		0		0		0		0		0		1	43		
Ann Marie Roper	0		0		0		0		0		49	00:52:01	0		50	00:44:19	0		0		0		0		0		2	99		
Clare Wiggins	0		0		0		0		0		0		48	00:45:05	0		0		0		0		0		0		1	48		
Nicki Stewart	0		0		0		0		41	00:58:15	0		0		0		0		0		0		0		0		1	41		
Emma Green	0		0		0		0		0		50	00:41:38	0		0		0		0		0		0		0		1	50		

Times in bold indicate a Personal Best 10k time.