

Bingley Harriers Christmas Handicap 2013 Results

Position	Name	Clock	Handicap	Actual Time
1	Becky Weight	84.06	10.00	1.14.06
2	Phil Hawkswell	84.36	0.00	1.24.36
3	Peter Ellerton	88.30	16.00	1.12.30
4	Will Duggan	89.55	22.00	1.07.55
5	Ruth Whitehead	90.49	23.00	1.07.49
6	Paul Tiffany	91.02	36.00	55.02
7	Martin Peace	91.21	35.00	56.21
8	Joe Baxter (Guest)	91.38	30.00	1.01.38
9	Steve Fry	92.28	31.00	1.01.28
10	Sue Fulton	92.36	4.00	1.28.36
11	Richard Thackray	92.38	33.00	59.38
12	Dave Stephenson	92.44	31.00	1.01.44
13	Jason Feeney	93.02	30.00	1.03.02
14	John Merritt	102.00	30.00	1.12.00
DNF	Bruce Duncan	Retired	15.00	

15 hardy souls braved the predicted afternoon storms which thankfully never appeared, although windy, the weather was perfect for a moorland run.

After the omission of Spring Woods last year it was back to the traditional route with the stream crossing and "leafy woodland path" in the valley bottom.

Phil Hawkswell and Becky Weight both improved significantly on last years times, despite the longer course and battled it out for first place with Becky taking the honours. " This is the first handicap I have ever won" she said afterwards....Don't worry Becky, It has been noted.

The improved form of the leading duo and low turnout meant the time keepers had a 4 minute wait for the next one home and Peter Ellerton produced a storming run to come home in 3rd place 1.30 faster than the time I expected.

The next 10 runners were all within 3 minutes which I was pleased to see.

Well done to Ruth Whitehead and Paul Tiffany, Fastest Lady and Fastest Man, Paul proving that a nap on the sofa on a Friday night is the right preparation

Perhaps he should have called John Merritt to pass on these words of wisdom.

John battled on bravely, the morning after the night before and is capable of a much faster trip. In the end he was just glad when it was all over.

He pains were not in vain however as he collected the spot prize of a tin of chocolate biscuits.

Thanks to all who turned out at this busy time of year, and to Richard at the Rugby club for putting us up at short notice following the closer of the Fishermans.

Also thanks to the ever reliable John and Tony for time keeping, Presidents present and past John and Bob for their assistance.

Finally thanks to my pal and our former social sec Adrian Netherwood who must have frozen his peppers off as trig point marshal.

Hope to see more of you next year...More runners Aid, not your peppers, put your clothes back on....

HAPPY CHRISTMAS.

S.F.