

WEST YORKSHIRE SPORTS HALL ATHLETICS

TRIALS 2012

The West Yorkshire Sports Hall Athletics Trials were held at the Richard Dunn Sports Centre on 22nd January . Over 100 Boys and Girls from all over West Yorkshire competed to gain selection for the West Yorkshire teams to go to the Yorkshire Regional finals in Halifax on Sunday 19th February.

At the Trials 3 long standing Girls records were broken in 1 Track event and 2 Field events.

In the Under 13 Boys William Morris from (Horsforth School) won the 2 Lap final, 2nd in the 4 Lap final, won the Obstacle Time Trial and the 1 Lap Time trial and was second in the Vertical Jump and Speed Bounce which has earned William the Aviva male Athlete of the match award.

In the Under 13 Girls competition Rebekah Tiler (Bingley Grammar School) showed she was in contention setting a new record in the Vertical Jump with a leap of 73cm and in the 2 Lap heat a time of 24.6sec and was awarded the Aviva Female Athlete of the Match award.

The teams to represent West Yorkshire in the Regional final in Halifax on 19th February have been selected on an all round basis and letters are on their way. In the regional competition each athlete has to compete in 3 categories of events so this means that some athletes who might have won individual events at the trials have not shown the all round ability to fill the team places, so may be disappointed.

The athletes taking part were from all areas of West Yorkshire , Leeds, Bradford, Huddersfield, Halifax, Wakefield. The numbers of Athletes taking part were down on last year but teams selected look strong and capable of progressing to the UK Finals.

There is room for more Under 13's and 15's more taking part in Athletics at Club Level and School level in the West Yorkshire area. If there are any 12, 13, 14, 15 year olds available to take part in athletics events, whether this is Sportshall Athletics, Track & Field, Cross Country or Fell racing that fancy trying athletics, then give us a call and we can point you to the nearest club. Training with an Athletics Club does include the training and conditioning to improve for competitions, which can be local or County, North of England or National. Athletics does have something for everyone, whether it is long distance, Short Sprints, Jumps, Throws, or a combination. It caters for all ages from around 8 and for all abilities who aim to improve there own personal best performance.

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West Yorkshire Sportshall Athletics Association.

RESULTS

U15 BOYS

2 LAP	LEON GREENWOOD	SPEN VALLEY SPORTS COLLEGE	22.9 sec
4 LAP	LEON GREENWOOD	SPEN VALLEY SPORTS COLLEGE	50.07

STANDING LJ	LEON GREENWOOD	SPEN VALLEY SPORTS COLLEGE	2.72m
STANDING TJ	SAM AFARI	DIXONS ACADEMY	7.52m
SPEED BOUNCE	LUCA ZENTI	PARKSIDE	82
SHOT	LEON GREENWOOD	SPEN VALLEY SPORTS COLLEGE	10.49m

U15 GIRLS

2 LAP	ERIN NEWSOME	SPENBOROUGH	25.7 sec
4 LAP	REBECCA MORRIS	KIRKBURTON MIDDLE	58.6sec
STANDING LJ	ERIN NEWSOME	SPENBOROUGH	2.27m
VERTICAL JUMP	EMILY HEPPENSTALL	HOLMFIRTH HS	54cm
SPEED BOUNCE	REBECCA MORRIS	KIRKBURTON MIDDLE	81
SHOT	LUCY TINDAL	ST MARY'S	8.25m

U13 BOYS

2 LAP	WILLIAM MORRIS	HORSFORTH	24.7 sec
4 LAP	MATTHEW CROKREN	ST PATRICKS RC	58.2 sec
6 LAP	WATSON PEEL	BRIGHOUSE HIGH	1.30.6 sec
STANDING LJ	JOSH ENGLAND	SCISSETT MIDDLE	2 24m
STANDING TJ	TOBI ADENIJI	CROSSLEY HEATH	7.26m
VERTICAL JUMP	JOSEPH BEADSLEY	NORTH HFX GS	52cm
SPEED BOUNCE	MAX MALLINSON	SCISSETT MIDDLE	81
SHOT	THOMAS RADLEY	SCISSETT MIDDLE	8.17m
HIGH JUMP	TOBI ADENIJI	CROSSLEY HEATH	1 50m
1 LAP TIME TRIAL	WILLIAM MORRIS	HORSFORTH	12.9sec
OBSTACLE TT	WILLIAM MORRIS	HORSFORTH	22.8 sec

U13 GIRLS

2 LAP	REBEKAH TILER	BINGLEY GS	25.0 sec
4 LAP	CHELSEA SMITH	SCISSETT MIDDLE	1:00.8 sec
6 LAP	ABILGAIL WHITE	ILKLEY GS	1.36.5 sec
STANDING LJ	REBEKAH TILER	BINGLEY GS	2 37m
STANDING TJ	AMBAH THOMPSON	OIAM	7.16m
VERT JUMP	REBEKAH TILER	BINGLEY GS	73 cm
SPEED BOUNCE	JO GIBSON	SCISSETT MIDDLE	82
SHOT	JESSICA HIRST	COLNE VALLEY HIGH	9.28 m
HIGH JUMP	KELSEY SUTCLIFFE	BINGLEY GS	1 39m
1 LAP TIME TRIAL	REBEKAH TILER	BINGLEY GS	12.9sec
OBSTACLE TT	MEGAN ASCOUGH	ST JOSEPHS	24.2 sec