

Report- 2012 Aviva Sportshall Athletics UK Final

Rebekah Tiler a member of Bingley Harriers played a starring role at the weekend after scooping three gold medals and equalling a UK record at the Aviva Athletics Academy Sportshall Finals in Birmingham.

The 13-year-old jumped 75 centimetres to win the under-13 girls vertical jump and equalled her own record at the flagship junior athletics development event of the year.

Tiler – who goes to [Bingley Grammar School](#) – also ran 22.6 seconds to win the two-lap race before rounding the day off with eight-lap paarlauf gold.

And after writing her name into the Aviva Sportshall history books alongside the likes of Kelly Sotherton and Mark Lewis-Francis – who tasted success in 1992 and 1998 respectively – Tiler was left grinning from ear to ear.

“Obviously it has been such a great day for me but I am still a little bit gutted that I couldn’t quite beat the record in the vertical jump,” said Tiler.

“I have had such a good time though and I’m definitely going home very happy.”

The [Bingley Harriers](#) athlete added: “It gives me a massive boost because I want to go to the Junior Commonwealths next year doing weightlifting.

“It’s great fun to be part of a team and one day I hope to be part of the Aviva GB & NI Team as a professional athlete.”

Tiler’s efforts at the LG Arena were not the only Bradford success story as [Clayton Heights’](#) Ambah Thompson took silver in the under-13 girls standing triple jump before partnering Tiler to paarlauf gold.

And the [Queensbury High School](#) pupil struggled to contain her delight after producing her best form on the biggest stage.

“I’m a little bit annoyed that I didn’t get gold in the triple jump but overall it was a fantastic day out,” said the 13-year-old. “To get two medals is a great feeling and I don’t really feel like I could have done much more.”

Meanwhile, St Bede’s Grammar School student James Myers together with Watson Peel, Toby Adeniji and Alfie West took bronze as part of the in the under-13 boys obstacle relay and William Morris took bronze in the Speed Bounce competition with 85 bounces, to round off a successful day for West Yorkshire.

The West Yorkshire Teams overall finished a very creditable 5th in the Boys Competition and 6th in the Girls competition out of 12 of the best counties in the UK. Looking at the Under 15 Boys competition, North Yorkshire were champions who were the team that beat the Under 15 West Yorkshire team at the Regional final in Halifax by just 5 points.

Full results can be found on www.sportshall.org.uk