

WEST YORKSHIRE SPORTS HALL ATHLETICS TRIALS 2015

The West Yorkshire Sports Hall Athletics Trials were held at the Richard Dunn Sports Centre on 16th January. The trials saw 239 Boys and Girls from all over West Yorkshire competing to gain selection for the West Yorkshire teams to go to the combined Under 11 and Under 13/15 Yorkshire Regional finals in Halifax on Sunday 14th February. It was encouraging to see the overall number up on last year and number of Under 13 Girls was up on last year although we were very low on Under 15 Boys.

The trials organised by Bingley Harriers had children competing enthusiastically running, jumping and throwing trying to impress their way into the West Yorkshire Boys and Girls Teams . The competition was held at the Richard Dunn Sports Centre and relied on the co-operation of the Richard Dunn Sports staff, an army of volunteers and Bingley Harriers to stage the event. The children all took part in different selected events including sprinting, jumping, throwing, and agility challenges and the different obstacle relay trials. The trials resulted in Boys and Girls Under 11 Teams, Boys and Girls Under 13 Teams and Boys and Girls Under 15 Teams being selected for their all round good performances.

Full results are listed on www.bingleyharriers.org.uk.

I would like to thank all the athletes and more importantly the army of helpers/ officials from Bingley Harriers, Spenborough Ac, Bradford Airedale, One in a Million, Halifax Harriers and Longwood Harriers who made the whole event very successful. A special thank you to Phil Jones who put together some new software for the results.

The children and volunteers enjoyed the experience of Sportshall Athletics and it is hoped that the West Yorkshire teams have a successful day at the Yorkshire Regional finals in Halifax on Sunday 14th February.

In the results records tumbled in the Under 11s with George Hahn (St Josephs, Bingley) equalling the 1 Lap race and breaking the 2 Lap record and the Standing Long Jump Record. Malachi Morris (St Michaels, Halifax) Broke the record in the Under/over relay, Leo Austin (Burnley Road Academy) broke the Grand Prix time trial record and Dan Logan (Baildon C of E) broke the record in High Stepper.

In the Under 11 Boys Georg Hahn (St Josephs) won the 1 lap, 2 Lap, 1 lap Obstacle TT, Standing Long Jump, Standing Triple Jump, Vertical Jump, and Chest Push. Sam Bentley (Burley Oaks) won the 1 Lap Hurdle trial and the Speed Bounce. Leo Austin (Burnley Road Academy) won the Grand Prix time trial. Jamie Dunkley (Hopton Primary) won the soft Javelin and Dan Logan (Baildon C of E) won the High Stepper.

In the Under 11 Girls - Erin Littlewood (Ripponden Junior) won the 1 Lap, Elise Horner (Lee Mount PS) won the 2 Lap, Daisy McClland (Scissett Middle) won the Over/Under time trial, Emma Moore (Northowram) won the 1 Lap hurdle , Amelia Brown (St Marys Hfx) won the Obstacle time trial ,Chest push and Soft Javelin. Amelia Garnett (Baildon C of E) won the Standing Triple Jump, Standing Long and Vertical Jump, Hannah Benson (Glusburn CP) won the High Stepper, Jessica Corcoran (Hopton PS) won the Speed Bounce and pip MacDonald won the Target Throw.

In the Under 13 Boys The 2 lap A final and the Shot Put was won by Zak Wimpeny (King James School) and the 2 lap B final was won by Keenan Dyer-Dixon (Guiseley School). The 4 lap a final was won by William Cooke (Guiseley School), The 6 lap time trial was won by Jack White, the 1 Lap time trial was won by Shakour Mitchell (North Huddersfield) and the Obstacle time trial was won by Thomas Dover (Ilkley GS). The Standing Long jump was won by Robert Taylor-Smith (Dixons Academy), the Speed Bounce was won by Tom Jackson (Ilkley GS), Vertical Jump by Naeem Usamot (Grange School) and the Standing Triple Jump by Quayyum Abdullahi (Dixons Academy)

In the Under 13 Girls Rabana Saith (Tong HS)won the 2 lap A final, Standing long Jump, Standing Triple Jump, and Vertical jump, Maisy Chattoe (Bingley GS) won the 4 Lap A Final and Isabelle Bloom (Brooksbank) won the 6 Lap time trial and Ella Gill (Bradford GS) won the 1 lap time trial, Obstacle time trial. Emma Cowley (Immanuel) won the Shot Put, Mollie Brown (Kirkburton Middle) won the Speed bounce.

In the Under 15 Boys - Damian Flathers (Dixons Academy) won the 2 Lap time trial, Ralf Mak (Dixons Academy) won the 4 lap time trial and the Standing Long Jump and Benjamin Adeniji (Crossley Heath School) won the Standing Triple jump and the Shot Put

In the Under 15 Girls - Jess Raynor (Brighouse HS)won the 2 Lap time trial, Bethany Casson (won the 4 Lap time trial. Georgia-May Codd (Crossley Heath School) won the Standing Long Jump and the Shot Put and Lucy Tattersfield (Immanuel) won the Speed Bounce & Vertical Jump.

The teams to represent West Yorkshire in the Regional final in Halifax on 14th February have been selected on an all round basis and letters are on their way. In the regional competition each athlete will have to compete in up to 3 categories of events so this means that some athletes who might have won individual events at the trials have not shown the all round ability to fill the team places, so may be disappointed.

The athletes taking part were from all areas of West Yorkshire , Leeds, Bradford, Huddersfield, Halifax, Wakefield. The numbers of Athletes in the Under 13 and Under 15 age groups taking part were slightly up on last year and the teams selected look strong and capable of progressing to the UK Finals.

There is room for more Under 13's and 15's taking part in Athletics at Club Level and School level in the West Yorkshire area. If there are any 12, 13, 14, 15 year olds available to take part in athletics events, whether this is Sportshall Athletics, Track & Field, Cross Country or Fell racing that would like to try athletics, then give us a call and we can point you to the nearest local club. Training with an Athletics Club does include the training and conditioning to improve for competitions, which can be local or County, North of England or National. Athletics does have something for everyone, whether it is long distance, Short Sprints, Jumps, Throws, or a combination. It caters for all ages from around 8 and for all abilities who aim to improve there own personal best performance.

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